

Fish Advisories for the Hudson River

Women of childbearing age and children under the age of 15 should EAT NO fish of any species from the Hudson River downstream of the Corinth Dam (the waters listed below). Other people should follow listed advice.

Hudson River Section (chemicals of concern)	Eat None	Eat no more than one meal per month	Eat no more than one (1/2 pound) meal per week
Corinth Dam to Dam at Route 9 Bridge in South Glens Falls (mercury)		Smallmouth bass over 14"	All other fish species
Sherman Island Dam downstream to Feeder Dam at South Glens Falls (PCBs)		Carp	All other fish species
Dam at Route 9 Bridge in South Glens Falls to Bakers Falls (PCBs)	All fish species		
Bakers Falls to Troy Dam	Catch and release fishing <u>only</u> per NYS Department of Environmental Conservation regulations		
Troy Dam south to bridge at Catskill (PCBs)	All fish species except those listed at right→	Alewife Blueback herring Rock bass Yellow perch	American shad
South of Catskill (PCBs in fish and cadmium, dioxin and PCBs in crabs) (note: harvest/possession of Hudson River American eel for food is prohibited per NYSDEC Regulations.)	Channel catfish Gizzard shad White catfish Crab hepatopancreas and crab cooking liquid*	Atlantic needlefish Bluefish Brown bullhead Carp Goldfish Largemouth bass Rainbow smelt Smallmouth bass Striped bass Walleye White perch	All other fish species Blue crab meat* (six crabs per week)

*The hepatopancreas ("the green stuff" also known as mustard, tomalley, liver) found in the body section of crabs and lobsters should not be eaten because it has high contaminant levels. Because contaminants are transferred to cooking liquid, crab or lobster cooking liquid should also be discarded (Contaminants – cadmium, dioxin, PCBs)

Fish Advisories for Upper Bay of New York Harbor Area & Western Raritan Bay

Women of childbearing age and children under the age of 15 should EAT NO fish of any species from the waters listed below. Other people should follow listed advice.

Location (chemicals of concern)	Eat none	Eat no more than one meal per month	Eat no more than one (1/2 pound) meal per week
Upper Bay of New York Harbor - North of Verrazano Narrows Bridge (PCBs)	Gizzard shad White perch Crab hepatopancreas and crab cooking liquid*	American eel Atlantic needlefish Bluefish Rainbow smelt Striped bass	All other fish species Blue crab meat* (six crabs per week)
East River – (to the Throgs Neck Bridge) & Harlem River (PCBs)	American eel Gizzard shad Crab hepatopancreas and crab cooking liquid*	Atlantic needlefish Bluefish Rainbow smelt Striped bass White perch	All other fish species Blue crab meat* (six crabs per week)
Newark Bay, Arthur Kill & Kill Van Kull (Dioxin and PCBs)	American eel Gizzard shad Striped bass White perch Crab hepatopancreas and crab cooking liquid*	Atlantic needlefish Bluefish Rainbow smelt	All other fish species Blue crab meat* (six crabs per week)
Raritan Bay West of Wolfe’s Pond Park (Dioxin and PCBs in fish and cadmium, dioxin and PCBs in crabs)	White perch Crab hepatopancreas and crab cooking liquid*	Striped bass	All other fish species Blue crab meat* (six crabs per week)

*The hepatopancreas (“the green stuff” also known as mustard, tomalley, liver) found in the body section of crabs and lobsters should not be eaten because it has high contaminant levels. Because contaminants are transferred to cooking liquid, crab or lobster cooking liquid should also be discarded (Contaminants – cadmium, dioxin, PCBs)

Fish Advisories for Lower Bay of New York Harbor, Raritan Bay East of Wolfe's Pond Park, Jamaica Bay, Long Island Sound, Long Island South Shore Waters, Peconic and Gardiners Bays, and Block Island Sound

Population	Advice (Chemicals of Concern)
Women of childbearing age and children under the age of 15	<p>EAT NO weakfish greater than 25 inches. EAT NO MORE THAN ONE MEAL PER MONTH of American eel, striped bass, bluefish greater than 20 inches, and smaller weakfish Eat no more than one meal per week of smaller bluefish. (PCBs)</p>
Women beyond childbearing age and adult males	<p>EAT NO MORE THAN ONE MEAL PER MONTH of weakfish greater than 25 inches. Eat no more than one meal per week of American eel, bluefish, striped bass and smaller weakfish. (PCBs)</p>
Everyone	<p>The hepatopancreas ("the green stuff" also known as mustard, tomalley, liver) found in the body section of crabs and lobsters should not be eaten because it has high contaminant levels. Because contaminants are transferred to cooking liquid, crab or lobster cooking liquid should also be discarded. (cadmium, dioxin and PCBs)</p>

Map of New York Marine Waters

