

# Ask for a flu shot. It's not too late!



**Flu season often peaks in February.**

**Even if you are healthy,  
ask your provider for a flu shot in November,  
December or January.**

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**National Influenza Vaccination Week • November 26-December 2, 2007**

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**For more information:**

**Call: 1-800-CDC-INFO (1-800-232-4636)**

**Or visit: [www.cdc.gov/flu](http://www.cdc.gov/flu)  
[www.nyhealth.gov](http://www.nyhealth.gov)**